

Title: Introspecting Belief

Abstract: How do you know what you believe? This is a philosopher's question. It asks for an account of how our ordinary, everyday beliefs about our beliefs are formed. And it wants to know how beliefs formed in that way could constitute knowledge. I'll present an account of how we know what we believe. The account can be generalised in various different ways, so along the way, I'll suggest ways of generalising it to account for our knowledge of other things. But the primary focus will be on knowledge of belief.